North Atlantic Figure Skating Club Learn to Skate Program
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Coach Kristin Andrews, Skating Director
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Please note the new time for Snowplow Sam & Basic Skills on Saturdays!

Learn to Ice Skate!

Beginner to Advanced

LATE FALL SESSION 2026

Thursdays October 22nd-December 10th
Saturdays October 24th-December 12th

Registration Deadline: 10/16/26

Space is limited so please sign up early!

NEW!!!!Theater On Ice on Saturdays!! Basic 5/Adult 2 & higher welcome

Welcome to the NAFSC LTS program!

Welcome to the NAFSC Learn to Skate USA basic skills badge program! Designed by U.S. Figure Skating, the Learn to Skate USA Program is a top-quality beginning ice skating program serving the needs of both recreational and competitive skaters. The North Atlantic Figure Skating Club (NAFSC) offers Learn To Skate USA program classes September through June, a summer LTS fun program, and year round ice for figure skating.

Skaters who participate in the Learn to Skate USA Program will learn new and exciting maneuvers and will be tested as they progress through the program. Skaters will receive Learn to Skate USA (basic skills) membership, an official Learn to Skate USA record book to track progress through the program, sport accident insurance, a parent handbook, a Learn to Skate USA magazine filled with helpful information about all aspects of skating, and a certificate and badge or a skills report card and ribbon at the end of each session. Visit www.learntoskateusa.com for more information about the Learn to Skate USA basic skills badge program.

NEW!!!! Theater on Ice Saturdays
9:15a-10:00a All ages welcome
Must be Basic 5/Adult 2 and higher

Important Program Information:

- REGISTRATION IS ONLINE! Please visit the LTS page of our website at www.northatlanticfigureskating.org/learn-to-skate-program/ to register for the current LTS session
- **REGISTRATION DEADLINE IS 10/16/26.** A $20 late fee will be assessed per skater for registrations accepted after this deadline (space permitting). **Space is limited so please sign up early!**
- Walk-on are not allowed for any level of badge classes and we cannot pro-rate for missed sessions. Skaters are only allowed to attend the day they are registered for and we are unable to accommodate switches or make-ups for missed classes.
- In the case of inclement weather or other cancellation reason, an email will be sent to notify participants of cancellations. The make-up session will be on Saturday 12/19/26 for both Thursday and Saturday LTS if needed.

LATE FALL 2026 LTS CLASSES

North Atlantic Figure Skating Club

All registration will be online! Visit our Learn to Skate page for detailed instructions on how to register your skater:
https://www.northatlanticfigureskating.org/learn-to-skate-program/

THURSDAYS 10/22/26-12/10/26

LTS USA Badge Classes	Class Schedule & Fees
Snowplow Sam (Age 3 - 5)	$196.00 4:00 - 4:25 Lesson, 4:25 - 4:50 Practice
Basic Skills (Age 6 and up)	$196.00 4:00 - 4:25 Practice, 4:25 - 4:50 Lesson
Free Skate (Passed BS level 6)	$196.00 4:50 - 5:15 Lesson, 5:15 - 5:40 Practice
Adult Badge and FS (All levels of adult skaters)	$182.00 6:15 - 6:40 Lesson, 6:40 - 7:00 Practice

Specialty Classes- THUR

Spin Clinic
(MUST be BS level 5 or higher)
5:40 - 6:05
$112.00

Adult Edge Clinic
(MUST be Adult level 2 or higher)
5:40 - 6:05
$112.00

Freestyle Practice Sessions*
4:50 - 5:15; 5:15 - 5:40;
5:40 - 6:05; 6:15 - 7:00

Must meet requirements for solo practice, open for pre-registration under the monthly "Freestyle Ice" Contract

SATURDAYS 10/24/26-12/12/26

Please note time changes on Saturdays!

LTS USA Badge Classes	Class Schedule & Fees
Free Skate (Passed BS level 6)	$196.00 8:00 - 8:25 Lesson, 8:25 - 8:50 Practice
Adult Badge and FS (All levels or adult skaters)	$196.00 8:00 - 8:25 Practice, 8:25 - 8:50 Lesson
Snowplow Sam (Age 3 - 5)	$196.00 10:10 - 10:35 Lesson, 10:35-11:00 Practice
Basic Skills (Age 6 and up)	$196.00 10:10 - 10:35 Practice, 10:35-11:00 Lesson

Freestyle Practice Sessions*

8:00 - 8:25; 8:25 - 8:50;
8:50-9:15: 9:15-9:40

Must meet requirements for solo practice, open for pre-registration under the monthly "Freestyle Ice" Contract

NEW!!! Theater on Ice
Saturdays 9:15a-10:00a
All ages welcome
Basic 5/Adult 2 or higher

Theater on Ice
featuring scenes from
Annie

Saturdays
9:15-10:00am
Oct 24th - Dec 12th

Open to all ages
Must be Basic 5/ Adult 2 or higher

MORE INFORMATION

Photo and Video Release Statement:

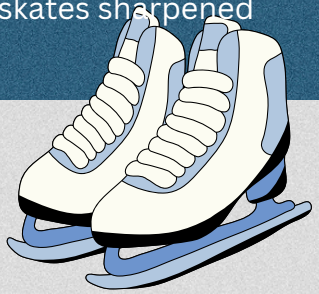
During the course of the year, NAFSC may wish to use photographs and/or videos of skaters in advertisements and publicity, on the website, in general media releases, in the ice show promotions and program, etc. If you wish to restrict use of photos/ videos/name/etc. in any way, please submit restrictions to this permission in writing to president@nafsc.me. If no restrictions received, it will be assumed you are ok with use of any media by us.

I'M BRAND NEW! WHERE DO I START?!

New skaters should register for Snowplow Sam if the skater is 5 years old or younger or Basic Skills if the skater is 6 years or older. New adult skaters should register for the Adult Badge classes. Coaches will assess new skaters on the first day to ensure they are in the correct level. Many of our new teenage skaters choose to register for the Adult Badge session, please contact skatingdirector@nafsc.me if you believe this may be a better fit for your skater.

WHAT DO I NEED TO DO BEFORE THE FIRST CLASS?

Arrive ready to learn! We recommend all skaters arrive at Family Ice Center 15 minutes before the start of their first class to prepare to get on the ice. Make sure to have skates, warm layers, gloves and a helmet (if required). NO rental skates or helmets are available. Make sure to get skates sharpened before your first class!



Equipment

- Rental skates will **NOT BE AVAILABLE**.
- Double runner skates are not allowed.
- Ski/sport helmets are REQUIRED for all skaters 3-5 years old. NAFSC and Family Ice Center do not provide helmets for rent. Skaters of all ages are encouraged to wear a helmet or other protective gear if they feel more comfortable.
- Mittens or gloves are required. Dress in warm layers.
- Snowplow Sam, Basic Skills, and Adult Badge skaters may wear hockey or figure skates.

Skate Fit & Care

- Skates should be fit with a thin sock.
- The skater's ankles should be supported.
- Tie skates tight in foot bed from the top of toe to the beginning of ankle, then slightly looser at the top of the ankle.
- Skate blades should be dried with towel after each use and covered in a terry cloth cover ("soft" guards) between sessions. This will protect the blade during transport and storage.
- Hard guards should be used to cover blades while walking around, avoid resting the blade on the bleachers without protection.
- Skates should be sharpened approximately every 22-30 hours of use and if skates have not been used in over nine months. Skaters will feel the blades sliding when they need to be sharpened.
- New skates usually need to be sharpened before they are used.

Skating Director, Kristin Andrews
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